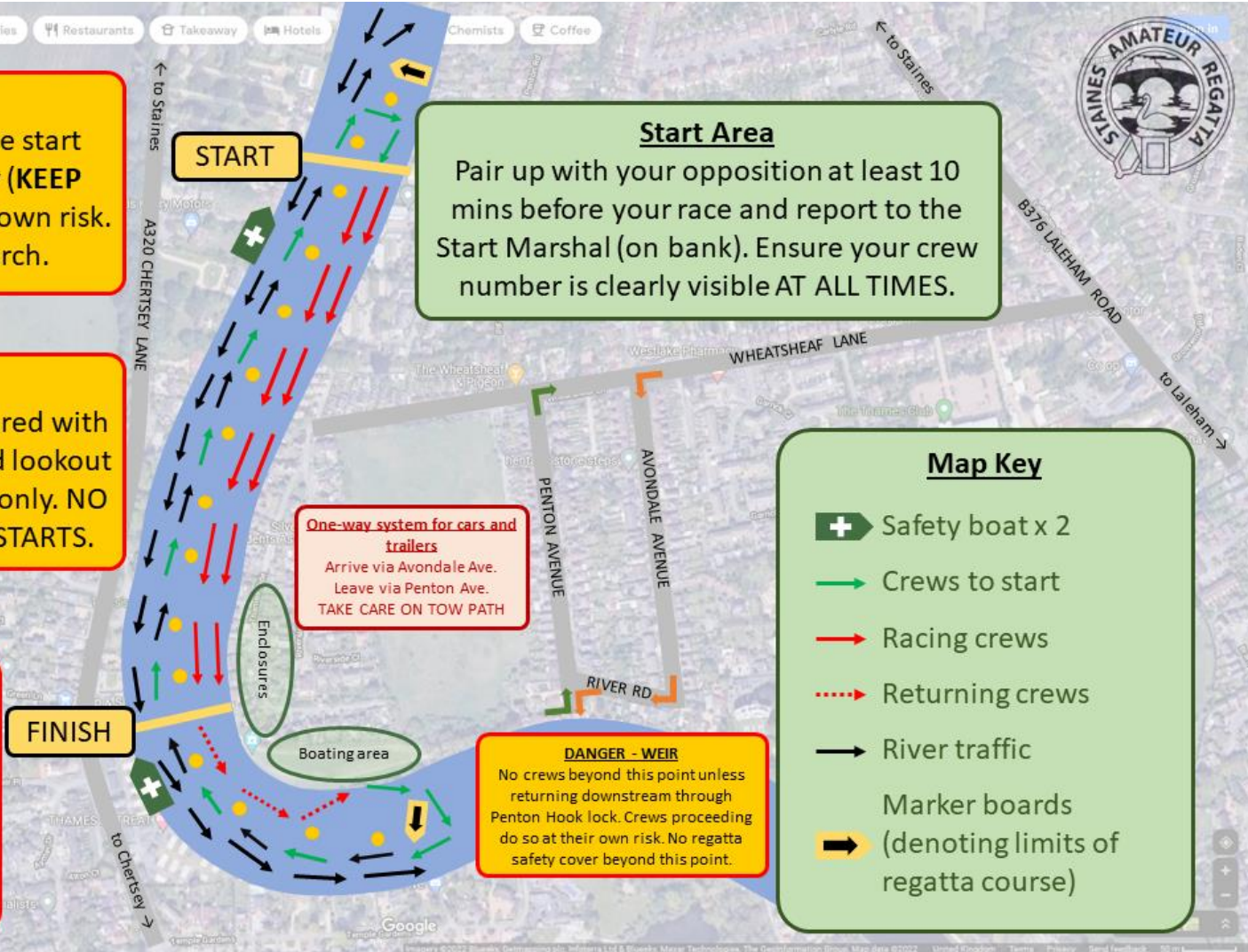




Warm Up
Above the marker board at the start normal navigation rules apply (**KEEP RIGHT**). Crews proceed at their own risk. **DO NOT** go beyond the church.

Navigation Channel
KEEP RIGHT. This channel is shared with normal river traffic. Keep a good lookout at all times. Light/half pressure only. **NO FIRM PRESSURE OR PRACTICE STARTS.**

CAUTION – Boating Area
Crews going afloat, boat **DOWNSTREAM**, turn around the regatta warning board and proceed on the **RIGHT** side of the navigation channel.



Start Area
Pair up with your opposition at least 10 mins before your race and report to the Start Marshal (on bank). Ensure your crew number is clearly visible **AT ALL TIMES.**