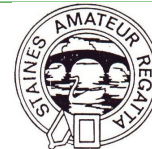


Staines Amateur Regatta Safety Plan 2008



Regatta Policy Statement:

The Regatta will be run under the ARA Rules of Racing and in compliance with the ARA Guide to Safe Practice in Rowing. This Safety Plan together with the Course Map, showing Safety information and Circulation patterns, Instructions to Competitors and Instructions to Officials have been developed from the Risk Assessment prepared following consideration of local aspects of the Regatta.

Regatta Map (Ref RofR 2-2-3):

The Course Map shows the 500m sprint course, sufficiently wide for two crews to race side by side. The race course is buoyed from the navigation channel. The circulation pattern including warm-up, cool down and turning areas are shown. The circulation area of the regatta is covered by two water based safety launches. Water based signs to general river traffic are located at each end of the regatta circulation zone to indicate the diverted navigation channel.

Regatta Safety Adviser (Ref RofR 2-1-2):

The Regatta Organising Committee has appointed **Chris Lacy** as Regatta Safety Adviser. He is a full member of the organising committee and the co-author of this document and the Regatta Risk Assessment.

Regatta Organising Committee – Key Members (Ref RofR 2-1-3):

Roger Moulding – President

Roy Dauncey – Chariman

Murray Litvak – Facilities

Ashley Tilling – Chariman of Race Committee

Chris Lacy – Safety Adviser Mobile : **07886 695843**

Adam Gill – Head of Race Control and Entries Secretary

ARA Water Safety Code (WSC) (Ref RofR 2-1-4):

The Safety Adviser and Chairman of the Race Committee undertake to perform the respective duties specified in ARA RofR, in particular sections 2 'Conduct of the Race', and monitor the adherence of any relevant requirements by regatta competitors and race officials.

The on-site ARA Umpires appointed to Control Commission will apply the requirements of RofR 2-3. A reminder of the requirements of 2-3-8 – Equipment Checks is highlighted in the Instructions to Competitors.

Safety Cover:

Medical and Safety Cover is provided for the period from at least 30 minutes prior to the first race to at least the end of the last race of the day.

The Chairman of the Race Committee shall verify that Safety Cover is in place prior to allowing racing to commence at the start of racing and re-instated after any break periods.

Medical cover for Staines Amateur Regatta on 26th July 2008 is supplied by **St. John Ambulance** staff based near regatta control and the boating area.

Staines Amateur Regatta Safety Plan 2008



Water safety cover is supplied by **St. John Ambulance** and **Brent Lifeguards** who provide fully equipped semi-ribbed launches (2 off), manned with Lifesavers.

Both of the launches and the land based ambulance are provided with a radio on the Umpire Race Net so that a direct call for assistance can be made in the event of a water based incident. This net is separate from the Information Net.

Additional safety equipment as specified by the WSC will be carried by each Umpire's launch.

Incident Response:

Anyone observing a safety related incident must report it immediately to the nearest race official. If this is at the boating area, the nearest point is Registration/Race Control. If the incident is on water, reporting shall be by radio on the Race Net.

The first attending regatta official will take control of the incident until safety/medical support arrives. If necessary, the attending regatta official will call for radio silence except from those involved in dealing with the incident and will summon whatever help is needed. The attending regatta official will advise whether any suspension of racing is necessary. Radios are located at the Start, with each of the water based umpires, finish, race control/registration, commentary, each safety boat and land based medical point.

The attending regatta official (or safety/medical attendant if they have taken over), will initiate any "999" call by mobile phone should the incident require assistance beyond the scope of that available on the Regatta site.

The nearest public phone is located on Penton Avenue, 200m from river access on Wheatsheaf Lane.

Radio Protocol

When reporting an incident, the following radio protocol shall be used:

- **'Safety, Safety'**
- Provide Description eg **'capsized sculler'**
- Provide Location eg **'mid race course'** or **'in warm-up area'** or **'in cool down zone'**
- Provide Status either **'stable - sculler conscious and with boat'** or **'urgent assistance required - sculler in distress / unconscious / not surfaced.'** This differentiation is critical to the Safety and Medical personnel.

Keep message brief, precise and advise updates as situation evolves.

Regatta Incident Reporting (Guide to Safe Practice in Rowing Appx 4 & 4a):

ARA incident forms are available from Race Control.

In the event of any incident, the Regatta Safety Adviser shall be immediately informed who shall ensure that those involved duly complete an incident form on the day and distribute to the necessary parties.